

Visit the most fabulous
thrift store in Albany!

The Treasure Chest

295 Hamilton St, Albany
just off Lark Street!

Come see our new look!

Upscale items at bargain prices

Furniture, collectibles, antiques, clothing,
books, music, jewelry & much more!

Store Manager Craig Hansen

Free Parking in lot across the street! Tell attendant you are shopping at the Thrift Store!

Store Phone: 436-7451 **MC/VISA**

Tues, Wed, & Thurs 11 AM to 6 PM

Fridays: 11 AM to 5 PM

Saturdays: 11 AM to 4 PM

All proceeds benefit the Albany Damien Center

Albany Damien Center Staff

Executive DirectorPerry Junjulas
Program Manager Dorothy Nangle
Director of DevelopmentSarah Cornett
Office Manager Tim Felder
PAWS Coordinator Diane Metz
Treasure Chest Manager.....Craig Hansen
Peer Advocates.....Shaquan Clark,
.....Cassandra Johnson, Eric vonHausen
Mental Health Counselors.....Peg Stucky, Lori
Hansel, Vanessa Cayford, Linda Sorge, Devon Rene
Smart Meals ChefRob Wagner
Smart Meals Assistant Chef.....Mark Arnold
Site Coordinator.....Jeff Duncan
Webmaster Bill Gaul

Groups for Support, Info, & Fun

Healthy Relationships – April 23rd and 24th. This month's group will be a skill building group for HIV positive transgender women. Stipend paid those completing both days. Contact our Peer Advocates at 449-7119 for more info on sessions.

GAB (Guest Advisory Board) Meeting - Third Tuesday of each month at 5 PM. This board advises the Albany Damien Center on new programs and let us know how they feel current programs are running. Drop in!

Social Activities

Easter Egg Hunt - Friday, April 2 from 12 to 2 PM - fun surprises for all kids under age 13!

Drop-In Living Room – Open Monday through Saturday from Noon to 8:30 PM. The Center has an HIV/AIDS information resource section, information about upcoming events, comfortable sitting areas, and a supportive atmosphere.

Dinner at First Lutheran Church – is back on April 24! Music, dinner, and fun starts at 5 PM at 181 Western Ave, Albany. Sponsored by our friends at St. Andrew's Church!

Services & Help for YOU!

AIDS Council— Learn more about the services provided by the AIDS Council and how they can help YOU! Staff will be here to answer questions, schedule & perform intakes, and discuss additional services.

AIDS Services Assistance—An AIDS Services staff person can help with any questions! Mon—Thurs 11:30—1pm. For more info call Martha at 449-3581, ext. 104.

Housing HELP! with Joel - Join Housing Specialist Joel Holl from CARES to answer your housing related questions.

Mental Health Counseling—available at the Center and can help you learn to live and live better with HIV. Individual sessions available from our trained counselors!

Pets are Wonderful Support

PAWS - can help with taking care of your pet - from our free wellness clinics, to assistance with information or when you are too ill to take care of your pet. Contact PAWS Coordinator Diane Metz at 944-3223!

Topic Groups & Meetings

Community Maternity Services - April 22 at 12 Noon - Let's discuss planning for your child's future as well as information on making videos to preserve your family time memories!

Consumer Involvement Committee— 4/28 from 12:30 -2 PM! Drop-in & have lunch with us! Open only to people living with HIV/AIDS. *You may also call our toll-free 800 number to participate in this meeting - call Tim at 449-7119*

Crime Victims Assistance Program – 4/21 @ 12pm. Join us for an in-depth presentation on the services provided through the Crime Victims Assistance Program. Presented by Jen Maley from In Our Own Voices.

Disease Awareness Model - 4/15 @ 12pm. Come and learn how to manage your medical conditions. Sponsored by Tibotec.

HIV CARE Network Executive Committee Meeting - Calling all PLWH/As who want to know more about area services and have our voices heard! First Congregational Church (405 Quail St) Transportation available from Center at 12:30 for this meeting.

HIV & Kidney Disease - 4/9 @ 12pm. Come and learn how HIV and Kidney Disease relate. Sponsored by Gilead Pharmaceuticals.

Pets 101 - April 22nd @ 6:15pm - come learn about the new Safe Pet Guidelines and general care tips for your pet. Presented by veterinarian, David Chico.

POWER Trainings! - April 20 @ 12 Noon and every other Tues - Come learn how to become an active and knowledgeable community leader who will be able to participate in advocating regarding HIV issues and housing. \$25 Wal-Mart gift card and completion certificate for anyone completing all 6 sessions.

Holistic Healing

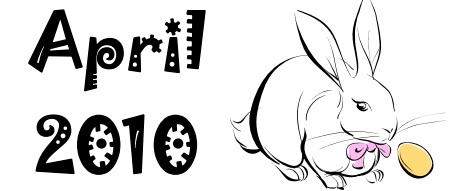
Note: it is always suggested to consult your primary care physician prior to starting any new therapeutic technique

Massage Therapy – Experience the healing benefits of therapeutic massage to relax the body and muscles, release toxins, and improve circulation.

Reiki (pronounced Ray-Key) - is an energy-based form of natural healing and bodywork in which the practitioner directs energy to the recipient so that they may achieve self-healing on many different levels.



The Capital Region's
HIV/AIDS Community Center



Calendar of activities
for individuals & families
living with HIV/AIDS

You are not alone – Maybe you tested HIV+ very recently; maybe you've known it for some time but this is the first time you've reached out for information or support. The Damien Center creates an environment where people can gather to share information, experiences, and make new friends – friends who understand what it is like to live with this disease.

There's no need for you to handle this by yourself. You are not the only person in our community facing this. Just hearing how someone else has adjusted to living with the virus can be enough to help you realize that life is still good, that you can still have love and laughter. **We are not alone. And neither are you.**

Reprinted in part from The Body Positive

12 South Lake Ave, Albany NY 12203
(between Madison & Western Aves)

Phone: 518/449-7119 Fax: 449-7881

E-mail: info@AlbanyDamienCenter.org

Our Websites:

www.AlbanyDamienCenter.org
www.PAWSNYCapitalRegion.org



April 2010

The Albany Damien Center is a Community Center for individuals and families living with and directly affected by HIV/AIDS. Drop-in living room hours are Monday through Fri from 9 am to 8 pm and Saturdays 11 AM to 8 PM.

April Events!

Easter Egg Hunt!

Friday, April 2nd from 12-2 PM
Calling all kids under the age of 13 for a fun afternoon of Easter surprises!!

Salsa Dancing

Tues, April 6th & Sat April 10th 2-4 PM
The weather is getting warmer outside but it's also heating up in the living room. Come learn the steps of the Salsa with Angel. In no time, he'll have you gliding on air!

HIV & Kidney Disease

Friday, April 9th at 12 PM
Join us for a lunchtime presentation on how HIV relates to Kidney Disease. Sponsored by Gilead Pharmaceuticals.

Disease Awareness Model

Thursday, April 15th at 12 PM
Join us for lunchtime presentation on the Disease Awareness Model. Sponsored by Tibotec.

POWER Training

Tuesday, April 20th 12-1:30 PM
Come learn how to become an active and knowledgeable community leader who will be able to participate in advocating regarding HIV issues. Training will occur every other Tues at 12pm.

Crime Victims Assistance Program


Wednesday, April 21st at 12 PM
Join us for an information seminar on the Crime Victims Assistance Program. Presented by Jen Maley from In Our Own Voices.

Community Maternity Services

Wed, April 22nd at 12 PM
Let's discuss planning for your child's future as well as information on making videos to preserve your family time memories!

Pets 101

Thurs, April 22nd at 6:15 PM
Join veterinarian David Chico for an in-depth presentation on the New Safe Pet Guidelines and general care tips for your pets!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Albany Damien Center 12 South Lake Avenue, Albany (between Madison & Western Ave) Parking available <u>after</u> 5:30pm at 8 Thurlow Terrace (518) 449-7119 www.AlbanyDamienCenter.org			1 <ul style="list-style-type: none"> AIDS Council—11-1pm Housing Help with Joel 1-3pm 	2 <ul style="list-style-type: none"> AIDS Council—11-1pm Easter Egg Hunt 12 Noon - 2 PM! 	3 Center open 11 - 8
5 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 	6 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 Salsa Dancing w/ Angel 2-4pm 	7 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 Reiki Healing: Alice, Harry & Regina @ 5:30pm 	8 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 Massage w/Betty—5:30pm 	9 <ul style="list-style-type: none"> AIDS Council—11-1pm HIV & Kidney Disease 12pm 	10 Center open 11 - 8 <ul style="list-style-type: none"> Salsa Dancing w/ Angel 2-4pm
12 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 HIV CARE Network Executive Meeting 1pm-3pm 	13 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 CNW Massage—5:30pm 	14 <ul style="list-style-type: none"> AIDS Council—11-1pm Reiki Healing: Glen & Barbara @ 5:30pm 	15 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 Disease Awareness Model 12pm Housing Help with Joel 1-3pm CNW Massage—6pm 	16 <ul style="list-style-type: none"> AIDS Council—11-1pm 	17 Center Open 11 - 8
19 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 	20 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 POWER training 12-1:30pm Guest Advisory Board (GAB) Meeting 5-6pm CNW Massage—5:30pm 	21 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 Crime Victims Assistance 12pm Reiki Healing: Alice, Harry & Regina @ 5:30pm 	22 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 Community Maternity Services Presentation 12 Noon Massage w/Betty—5:30pm Pets 101—6:15pm 	23 <ul style="list-style-type: none"> AIDS Council—11-1pm Health Relationships (Transgender Group) 9-5pm 	24 <ul style="list-style-type: none"> Health Relationships (Transgender Group) 9-5pm Dinner at First Lutheran Church 5 PM Sponsored by St. Andrews Church
26 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 	27 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 CNW Massage—5:30pm 	28 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 CIC Meeting 12:30-2pm Reiki Healing: Glen & Barbara @ 5:30pm 	29 <ul style="list-style-type: none"> AIDS Council—11-1pm AIDS Services 11:30-1 CNW Massage—6pm 	30 <ul style="list-style-type: none"> AIDS Council—11-1pm Bingo with Zack! 6 PM 	